



THE GUIDANCE CENTER
Mental Health Services for Southern NJ

Best Wishes for 2020!

THE GUIDE

INFORMATION ABOUT SERVICES, PROGRAMS, EDUCATION, AND ADVOCACY

DECEMBER 2019

John Borelli, Jr., honored as 2019 Mental Health Distinguished Community Leader

John Borelli, Jr., was recognized by The Guidance Center at its sixth annual Mental Health Distinguished Community Leadership Awards Dinner held on Wednesday, November 14, at Merighi's Savoy Inn in Vineland.

Borelli received the prestigious community leadership award for his outstanding contributions and service to the greater Cumberland and Gloucester County areas and to The Guidance Center. He was recognized and thanked for his dedicated work supporting law enforcement, education, mental health, business, and the environment in our local and regional communities — making it a better place to live for all of its residents through his leadership, volunteerism and advocacy.

Guidance Center board of trustees president Ed Bowman served as master of ceremonies for the event, with past president M. Jay Einstein offering The Guidance Center overview.



John Borelli, Jr., second from right, was honored by The Guidance Center as its 2019 Mental Health Distinguished Community Leader at the sixth annual awards dinner.

Pictured left to right are Jay Einstein, trustee; Ed Bowman, president of The Guidance Center; John Borelli, Jr.; and Larry Pepper, Jr., trustee.

"The Guidance Center is proud to honor John Borelli for his work, both personal and professional, that benefits the well-being of individuals, families, and businesses in both Cumberland and Gloucester Counties," said Ed Bowman. "His dedication to supporting

mental health, law enforcement and education is undeniable, along with his advocacy for numerous civic organizations that are the fiber of our southern New Jersey communities. John is truly a man of integrity and principle with genuine concern and compassion for others."

A lifelong resident of Malaga, New Jersey, John serves as president/CEO of Newfield National Bank, an independent, full-service community bank that was founded in 1934. Devoted to supporting law enforcement and firefighting, John served as a volunteer firefighter for the Malaga Fire Department from 1976 through 2001, holding the titles of lieutenant, captain, assistant chief, and ultimately chief of the department from 1981 to 2001. As a 20-year veteran, John has witnessed some of the most horrific scenarios that have taken place in the area, offering professionalism, compassion and support for individuals and families.

A strong supporter for public safety and law enforcement, John is dedicated to our local public servants. He is a board member for the Gloucester County Highway Safety Task Force as well as the Gloucester County Law Enforcement Educational Resource

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Cumberland County Freeholder Joe Sparacio presented a proclamation of honor to John Borelli, Jr.



Peter Capizola, vice president of Newfield National Bank, offered insights on John Borelli's many contributions to the community.



Master of Ceremonies Ed Bowman thanks John Borelli, Jr., on behalf of The Guidance Center.

John Borelli, Jr., honored Continued

Center. He is a graduate of the Federal Bureau of Investigation Citizens Academy. He was part of the Borelli Agency, a family-owned full-service insurance business, for more than 40 years and joined the administrative staff of Newfield National Bank shortly after. John has served as president/CEO of Newfield National Bank since 1999. He succeeded the position his father John Borelli, Sr., held from 1962 through 1998.

Professionally, John Borelli, Jr., is a dedicated advocate for education, assuring thousands of dollars of scholarship contributions annually to both Cumberland County College and Gloucester County College, now Rowan University affiliates, and to area high schools throughout southern New Jersey. In addition, with dedication to community needs, John has overseen more than \$150,000 donated annually to support civic organizations in both counties during his tenure as president of Newfield National Bank.

John Borelli is a graduate of Delsea Regional High School and Gloucester County College, now Rowan College of South Jersey, where he received his associates degree in business administration. Throughout the years that followed, John received numerous certifications in the insurance industry as

well as in banking and finance. He currently serves on the NJ Bankers Association Board of Directors and is a past member of the Gloucester County College Foundation Board.

John is married to wife Nancy, and has two sons, John III and Justin.

As part of the awards program, longtime friend and business associate Peter Capizola spoke about John Borelli's life of service honoring him for his contributions to the community.

A special part of the evening's program was a video presentation highlighting the work of The Guidance Center and featuring two persons served and one parent, who told about their experiences getting help and family support from The Guidance Center.

"I want to thank Karen, Henry and Sara for sharing their stories in our special video," said Ed Bowman. "Their testimonial comments are an amazing tribute to the fine work of the people of The Guidance Center and prove the great value of our mission.

"In addition, I thank our community event sponsor Newfield National Bank for their generous and dedicated support of The Guidance Center," added Bowman. "I also extend a special thank you to Peter Galetto, one of our past Distinguished Community



Two beautiful vases were hand blown and donated by Peter Galetto, Jr., for auction to benefit special Guidance Center mental health educational programs.

Awardees. Each year Peter donates a stunning piece of original glass art that he created for us to auction at our awards dinner. This year Peter donated two lovely vases which were auctioned and generated a significant donation to the Center. We are truly appreciative of his ongoing generosity."

The Guidance Center is proud to recognize John Borelli, Jr., as our 2019 Distinguished Community Leader. We thank him for a lifetime of work benefiting our community and specifically to those supporting the work of The Guidance Center. His influence has made a positive impact on the mental health and well-being of many people in our area.



Jay Einstein, trustee and past president, offered a Guidance Center overview.



Senator Jim Hurley, trustee, gave the invocation, offering special recognition to all of the compassionate mental health caregivers who work at The Guidance Center.



John Borelli, Jr., accepted the award and offered thanks to The Guidance Center for continuing its mission of assisting individuals and families with mental health needs.

2019 Service Awards

Congratulations and thank you for your years of dedicated service.

40 Years

Elvira Smith

30 Years

Gary Moellers

20 Years

Maureen Duffy

15 Years

Bernice Brooks-Hudnall

Martina Thompson

10 Years

Ada Cruz • Travis Hardin • Ashley Hope

Rosa Vallejo • Susan Vaughn

5 Years

Erica Baldwin • Krystin Milbourne

Kim Pernell • Elianet Reyes

Lorraine Whilden

TGC mental health training workshops offer specialized education to our mental health providers

The Guidance Center hosted a number of training classes in 2019 for area mental health care providers. Some topics included *Mindfulness-Based Stress Management, Motivational Interviewing, Trauma-Focused Treatment, Crisis Intervention Prevention, Service Excellence for Social Service Providers, and Ethics and Professional Boundaries*. These training workshops were held in the Fenton Building at The Guidance Center in Millville, New Jersey. Each professional development training qualified for LPC and LCSW Continuing Education credits.

Trainer Tom Stromberg, a clinician and educator with Babcroft Behavioral Health, a provider of specialized care to children and adults, presented training entitled *Crisis Intervention/Prevention* to Guidance Center staff on April 11.

This course offered strategies for preventing crisis situations including examination of staff behavior and its effect on individuals served. The class provided behavioral guidelines for positive interactions, antecedent management for preventing crisis, de-escalation techniques, relaxation strategies and basic counseling skills for crisis prevention.



Guidance Center clinical director Josephine White, right, welcomes trainer Tom Stromberg.

Most recently, Dr. Jorge Priori, past medical director at The Guidance Center, presented a training session on Medication Education on November 19. Dr. Priori presented updates on psychotropic medications. Attendees gained knowledge of psychotropic classifications, symptom responses, identification of side effects, sun and heat precautions, and discussion on the best treatment outcomes when combining psychotherapy and psychotropic medication management.

The Guidance Center participates in the NJ Department of Labor and Workforce Development (NJLWD) training consortium grant, which provides trainings to TGC staff on site, that increase knowledge and skill base integral to providing quality service to our consumers.



Tom Stromberg, clinician and educator from Babcroft Behavioral Health presented training entitled *Crisis Intervention/Prevention*.



Dr. Alex Redcay (left) and Mayte Redcay presented the all-day workshop on substance abuse.

TGC hosts special training workshop on substance abuse for Mental Health Awareness Month 2019

The Guidance Center hosted a special workshop for area mental health professionals on May 15, 2019, at the Luciano Conference and Event Center of Cumberland County College, now Rowan College of South Jersey, Cumberland Campus.

The all-day seminar training topic was entitled *Substance Addiction Overview* and was conducted by Dr. Alex Redcay, a well-known TED Talk speaker, and Mayte Redcay. The May 15th training on addiction had professionals from 23 different agencies from across the central and southern New Jersey region represented. Training was free but also provided affordable Continuing Education Units



Josephine White, TGC clinical director, right, thanks workshop presenters Dr. Alex Redcay (left) and Mayte Redcay.

(CEUs) of credit for professional certifications and/or licenses.

The training program was provided by NJAMHAA, Inc. Consortium and Act-Cess USA, Inc., and was supported by Newfield National Bank, community event sponsor.

2020 Training Workshops

January 10 *Crisis Stabilization Interventions and Preventions*

February 17 *Medicaid Compliance Documentation*

April 2 *Conflict Resolution/Restorative Practice*

September 11... *Trauma Informed Care*

October 16 *Advanced DBT Skills Training*

Dates subject to change.

For more information or to register, please call (856) 825-6810 Ext. 295 or e-mail jwhite@ccgnj.org

TGC unveils new website and video

The Guidance Center is pleased to announce that its **new website www.ccgcnj.org** is now live. We invite you to visit and become familiar with its content. The new website is a valuable resource that makes it easy to access valuable information about the services and programs offered by TGC. We welcome physicians to use our new website as a tool for referrals along with individuals and families seeking mental health services.

In addition, TGC is proud to have unveiled a **new video** entitled ***Bringing Good Mental Health Home*** that also helps define our mission. The video includes heartfelt testimonials from persons served by the Center highlighting the importance and value of services that provide a positive impact on individuals and families in our community. The video will be available online at our new website, www.ccgcnj.org.



Seventh annual Guidance Center golf tournament fundraiser deemed a sunny success!

Golfers enjoyed a bright, sunny day of competition, camaraderie and fun as The Guidance Center hosted its seventh annual golf tournament fundraiser on Wednesday, July 10, at Eastlyn Golf Course in Vineland, NJ.

Participants enjoyed a great day of golf, lots of prizes, and a delicious dinner at the Greenview Inn after play.

Thanks go out to event sponsor Newfield National Bank, as well as to hole sponsors, all who made prize contributions, and our volunteers for their support of this event. We also offer special thanks to Robin Daplyn, tournament director, for his leadership. Proceeds from the golf tournament benefit The Guidance Center's mental health services and educational programs in the greater Cumberland County area.



Robin Daplyn, trustee and golf tournament director of The Guidance Center (right), congratulates Team Mints Insurance — first place winners of the Center's 7th annual golf tournament fundraiser. Members of the winning team include (left to right) Terry Nugent, John Gasparon, Bob Conner and Glen Ewan.

The Guidance Center thanks its donors who contributed in 2019.

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Congratulations to the winners of The Guidance Center's 2019 50-50 community raffle



Below: Donna Vertolli, member of the board of trustees of The Guidance Center (left), presents checks and congratulates top winners of the 50-50 raffle. The three winners, who are employees of The Guidance Center, purchased one ticket and shared the top prize of \$12,000. They are, second left to right, Karen Petsch, Linda Pendergrass and Terry Wilson. Proceeds from the raffle benefit mental health assistance and educational programs.

Above: Mary Ann Pettit, human resources assistant at The Guidance Center, chose the winning tickets for the 2019 Friends of The Guidance Center 50-50 Raffle. The drawing took place on May 23, 2019, at the Center. Pictured with Mary Ann are Dieter Hovermann, executive director; David Bartels, CFO; and James Hurley, board trustee.



Congratulations to all of our 2019 winners!

Please help support us...

The Guidance Center is constantly faced with economic challenges. We are so grateful for the support that members of the community have given to help us continue to provide quality mental health services to those in need.

The Guidance Center is a private, non-profit 501(c)(3) organization. Your donations are tax deductible.

If you are interested in making a donation, sponsoring a program, or offering an endowment or bequest, please contact Mary Ann Pettit at (856) 825-6810, ext. 204, or e-mail mpettit@ccgnj.org.



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